

COOKING[\(HTTPS://WWW.BACKPACKER.COM/SKILLS/COOKING/\)](https://www.backpacker.com/skills/cooking/)

Recipe: Tuna Melt Crunchwrap

Put a backcountry spin on a fast food cult favorite.

JANUARY 19, 2021**KENA PEAY** ([HTTPS://WWW.BACKPACKER.COM/BYLINE/KENA-PEAY/](https://www.backpacker.com/byline/kena-peay/))**Makes 2 servings**

- 2 pouches tuna
- 1/2 cup mayo (or 8 single-serve packets)
- 2 Tbsp chopped pepperoncini
- Salt to taste
- Pepper to taste
- 4 flour tortillas
- 1 cup shredded cheddar cheese
- 1 Tbsp olive oil

At Home:

1. Pack all ingredients in separate, leak-proof containers.

In Camp:

1. Combine tuna, mayo, pepperoncini, salt, and pepper.
2. Place a tortilla flat on a plate and spoon half of tuna mixture onto the center. Sprinkle half of cheese on top.
3. Trim a second tortilla into a smaller circle (about half the diameter—eat the scraps); place it on top of tuna and cheese.
4. Tightly fold the edges of the bottom tortilla over the top tortilla to create a hexagon and fully encase the tuna mixture.
5. Heat oil in a skillet and place wrap seam-side down until the underside is golden-brown, then flip and cook for an additional 2 to 4 minutes.
6. Make second wrap with remaining ingredients.

CALORIES 991 | **PROTEIN** 40 g | **WEIGHT** 12 oz.